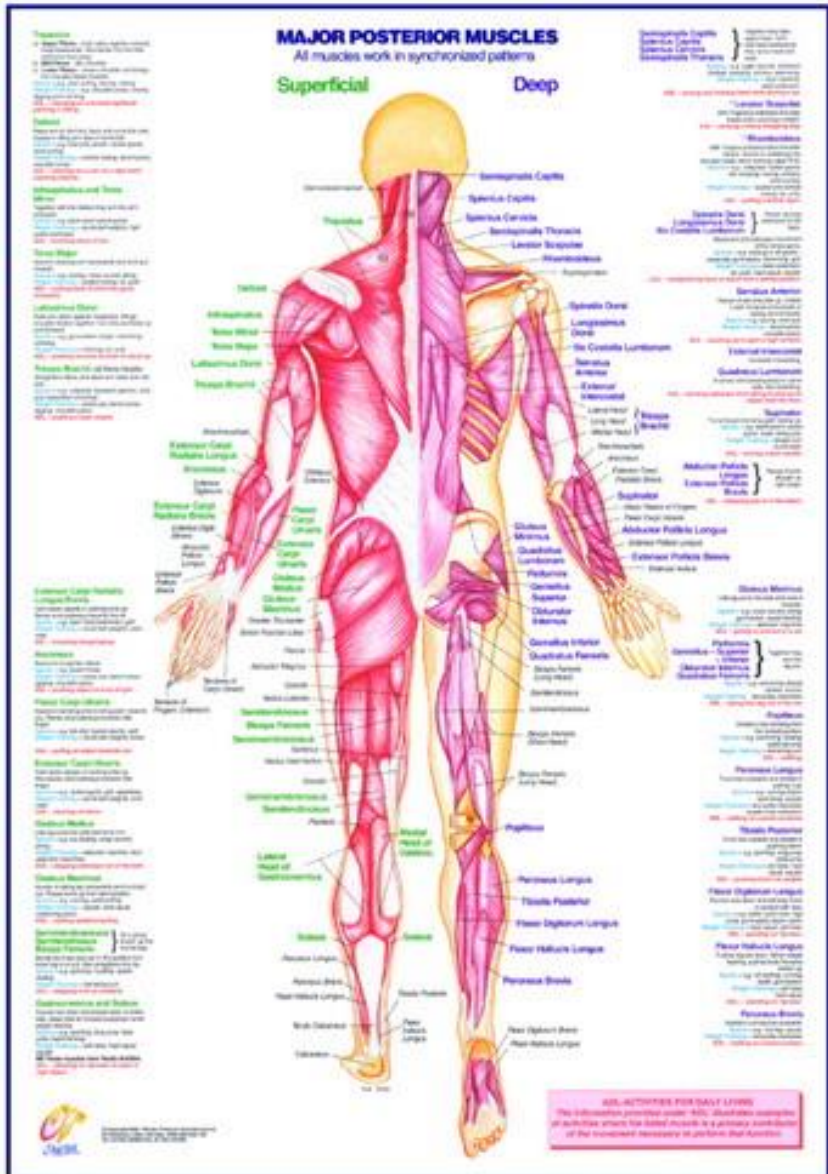


Major Posterior Muscles Chart– CT074

<p>Description</p>	<p>◆ This unique muscle chart is one of a set of 4 charts and is perfect for schools, universities, physiotherapy departments, doctors offices, health clubs and fitness facilities. Beautifully illustrated with great precision it features the major muscles, clearly identified and named, on the back of the body. Simple explanations defining muscle action are given as well as information about its link to sporting activity and exercises to do to strengthen the muscle. "ADL" information (Activities for Daily Living) is also given on the chart to each muscle helping people to better understand muscle function if they are a patient or someone studying anatomy. The Chartex anatomy charts not only provide information about how a muscle works it also highlights the fact that muscles work in synchronized patterns. This chart identifies the deep muscles in dark red and the superficial muscles in a bright red making it colourful and easy to use as well as a lasting reference source.</p>
<p>Details</p>	<p>1. Dimension: A1 Size</p>
<p>Image</p>	 <p>The image is a detailed anatomical chart titled "MAJOR POSTERIOR MUSCLES" with the subtitle "All muscles work in synchronized patterns". It is divided into two main sections: "Superficial" (bright red) and "Deep" (dark red). The chart shows a posterior view of a human figure with muscles labeled. Key muscles include the Trapezius, Latissimus Dorsi, Erector Spinae, Gluteus Maximus, Hamstrings, and various muscles of the back and legs. Each muscle is accompanied by a small text box detailing its actions and associated activities for daily living (ADL). The chart is color-coded to distinguish between superficial and deep muscle groups.</p>